



St. Patrick Interparish School Lunch

MONDAY

3

- Chicken Nuggets
- Green Beans
- Assorted Fresh or Chilled Fruit
- Swap Out
- Hamburger
- Cheeseburger

TUESDAY

4



- **Pasta with Meatballs**
- Garlic Breadstick
- Steamed Corn
- Assorted Fresh or Chilled Fruit
- Swap Out
- Pizza

WEDNESDAY

5

- **Creamy Mac & Cheese**
- Garlic Breadstick
- Roasted Vegetables
- Assorted Fresh or Chilled Fruit
- Swap Out
- Chicken Nuggets

THURSDAY

6

- **Cheeseburger on a Bun**
- French Fries
- Assorted Fresh or Chilled Fruit
- Swap Out
- **All Natural Beef Hot Dog on a Bun**

FRIDAY

7



- **Cheese Pizza**
- Pepperoni Pizza
- Salad
- Assorted Fresh or Chilled Fruit
- Swap Out
- Grilled Cheese

10

- **Popcorn Chicken**
- Oven Baked French Fries
- Assorted Fresh or Chilled Fruit
- Swap Out
- Hamburger
- Cheeseburger

11

- **Waffles**
- Breakfast Sausages
- Hash Browns
- Assorted Fresh or Chilled Fruit
- Swap Out
- Pizza

12



SCOOP-A-BOWL

- **Scoop A Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa**
- Steamed Rice
- Assorted Fresh or Chilled Fruit
- Swap Out
- Chicken Nuggets

13

- Macaroni and Cheese
- Garlic Breadstick
- Steamed Corn
- Assorted Fresh or Chilled Fruit
- Swap Out
- **All Natural Beef Hot Dog on a Bun**

14



- **Cheese Pizza**
- Pepperoni Pizza
- Salad
- Assorted Fresh or Chilled Fruit
- Swap Out
- Grilled Cheese

17

- **Pasta with Marinara Sauce**
- Garlic Breadstick
- Assorted Fresh or Chilled Fruit
- Swap Out
- Hamburger
- Cheeseburger

18

- **Crispy Chicken Sandwich**
- Green Beans
- Assorted Fresh or Chilled Fruit
- Swap Out
- Pizza

19

- Cinnamon French Toast
- Breakfast Sausage
- Hash Browns
- Assorted Fresh or Chilled Fruit
- Swap Out
- Chicken Nuggets

20

- Chicken Quesadilla
- Black Beans
- Steamed Rice
- Assorted Fresh or Chilled Fruit
- Swap Out
- **All Natural Beef Hot Dog on a Bun**

21




- **Cheese Pizza**
- Pepperoni Pizza
- Salad
- Assorted Fresh or Chilled Fruit
- Swap Out
- Grilled Cheese

24

- **All-Natural Beef Hot Dog on a Bun**
- Oven Baked French Fries
- Assorted Fresh or Chilled Fruit
- Swap Out
- Hamburger
- Cheeseburger

25

- **Cheese Pizza** 
- Tater Tots
- Assorted Fresh or Chilled Fruit
- Swap Out
- **Crispy Chicken Sandwich**

26

27

28

31

Menus are Subject to Change Please note Maschio's Nutrilisce carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

Nutrition Info K-8. Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat. Menus are Subject to Change. Please note Maschio's Nutrilisce carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.



Product Questions
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healthy kids!